

## The Piedmont Messenger

May 2022

Dear friends,

During my week-long conference in New Hampshire I was gifted so much good information and I will share some of the basics with you over the next few months but the reminder that will stay with me as I walk forward is, "I am both a Masterpiece and a work in progress". I cannot tell you how much I needed to hear those words.

I don't have to be all things to all people. I don't have to have all the right answers. My life in God is still unfolding. What good news that is for all of us.

There was so much more to my week but for now I will simply list some of the practical to do's that might benefit all of us.

- 1. Have an updated will. This is first on my to do list when I return home.
- 2.A daily spiritual practice has so many good benefits. Don't make it unachievable. Keep it simple.
- I am going to lean on reading Forward Day By Day and keeping an updated personal prayer list
- 3. We have all been through a strange 2 years. Make sure you are okay. Reach out if you are lonely or feel disconnected.
- 4. Practice gratitude. I hope I do this already but I plan to be more aware of all my blessings.
- 5. Healthy habits.... These are a work in progress but I just keep working at it!

Thank you for the time away. I am refreshed and inspired.

Anne

## Wednesday Fellowship Evenings in May

This evening has become a wonderful weekly gathering for friends around the table for food and fellowship.

The dinner starts at 5:30 and is followed by

Choir Practice with Brad Jackson
and Bible Study led by Norris John

May 4 - Cornbread Taco Casserole and Salad

May 11 - Pasta Primavera with Salad

May 18 - Shrimp and Rice Bowls

May 25 - Burges on the grill

## **Pictorial Directory is underway**

We are in the process of producing a new updated Directory for the Church and would like to include pictures for our newcomers.

We are asking every parishioner to send via email a current family photo to Anne West at

revannewest@gmail.com
The pictures can include other family members even if they are not currently attending Church.

Please also include in your email you current address, phone numbers you would like listed

I am bringing the Camera to Church on Sundays to catch folks who we have missed.

## This and That.....

- Thank you to everyone who participated in the Madison Day 2022.
- Bill Birkhofer leads a weekly Morning Prayer every Friday at 9:00 a.m. in the Parish House or out in the portico. Come join us.
- To stay up to date on activities and services check out the information center in the Parish House
- ◆ The nominees for the next Bishop of the Diocese of Virginia have been named. To read more about them go to <a href="https://www.thediocese.net">www.thediocese.net</a>
- Please notice that with the monthly Messenger I also send out the monthly Lay Participant schedule. How would you like to serve on Sundays?
- We are also working to update our Facebook page and Website. Look for updates as they come your way. Like our Facebook page to get the word out!!
- Our worship schedule for the month of May.

May 8 - Morning Prayer

May 15 - Holy Eucharist

May 22 - Morning Prayer

May 29 – Holy Eucharist

All our Sunday services begin at 10:00 a.m. unless otherwise noted. We gather in the Parish House after the service for coffee and fellowship.

◆ Read and Wine will meet on Tuesday evening, May 10<sup>th</sup> at 7 p.m. Come share your thoughts about "Beautiful on the Mountain"